

Join the Wellness Revolution



AWARD-WINNING SERVICES

- **Cost-Effective Wellness Care:**

Lifestyle and goal-oriented care based on the 6 laws of the human body: **D**iet, **R**est, **E**xercise, **A**lignment, **M**indset and **S**tress management.
(DREAMS)

- **Alignment and Zone Healing:**

Chiropractic works to remove stress & stabilize the body's health systems (zones): glandular, eliminative, nervous, digestive, muscular and circulatory.

- **Other Wellness Services:**

Doctor-directed massage, custom-made orthotics and pillows, wellness membership, lifestyle nutritional support, smart CAREplans, corporate ergonomics, community lectures, cleansing and weight loss programs, adrenal stress testing and zero-interest financing.

- **Our Testimonials Include:**

Stronger immunity, better sleep & athletic performance, no more headaches or back & joint pain, reduced stress. Check out our website for more...

“With 50% of all bankruptcies in America resulting from high medical costs and crisis care, you can’t afford not to be prevention-oriented!”

-Dr. Bell, Beverly Hills Wellness Specialist

Wellness is considered care without drugs or surgery that can not only eliminate health problems, but prevent them. Our unique approach involves removing the effects of trauma, eliminating the harmful effects of stress and removing toxic chemicals. Whether you have symptoms or not, our State-of-the-art Chiropractic Wellness Center is a leader in providing prevention-based, drug-free solutions. At BAC to Health, you’re in control because treatment is based entirely on your health goals, not ours.

Our Wellness Experts take pride in addressing your needs by utilizing up-to-date medical procedures; just ask the Los Angeles Avengers, LA Galaxy Futboleros, LA Rugby Club, LA Temptations, Venice Nutrition Inc., the World Famous Trojan Marching Band, Angel City Derby Girls, USC Rugby, and the many other pro/amateur athletes, celebrities, families, elderly and children who have experienced our award-winning Beverly Hills Wellness Center. Relax, we’ve got your **BAC** too!



BAC TO HEALTH
WELLNESS

9730 Wilshire Blvd., Suite 109 • Beverly Hills • (310) 888-8762

www.bactohealth.com